CASPAR[™]

Comprehensive Assessment and Solution Process For Aging Residents

INTRODUCTION

CASPAR™ consists of 6 sections. The suggested order of completing the protocol is as follows:

- I. Contact Information
- 2. Client Information
- 3. Problems In the Home
- 4. Client Goals
- 5. Description of the Home
- 6. Summary Information

MATERIALS NEEDED

- CASPAR"
- Camera
- 25' or longer tape measure

1.0 CONTACT INFORMATION

Address				
			•	Δ
Phone		Best Time To Phone _	a.m	p.m
<u> </u>		E-Mail		
Additional Contact	Person (if necess	arv		
	(
Name				
Relationship to Client				
Phone		Best Time To Phone	a.m	p.r
=ax		E-Mail		
Person Completing	CASPAR™.			
Terson completing	CAST AR			
Name			_ ID#	
Organization (if applicable)				
Address				
Phone		Best Time To Phone _		
Fax		E-Mail		
ux		L-741dii		
Check Box(es) of He	ealth Care Profes	sionals Workin	ng With Clien	1
	. — — I —			
Care/Case Occupation Manager Therapist		Social Worker	Other	
How Did You Find O	Out About CASPAI	R" or Extended	Home Living	g Services i

2.0 CLIENT INFORMATION

∖ ge (y∈	ears) Height Weight	Gender M F
Client's Med	dical Diagnoses or Disabilities	
rimary medical diag	nosis:	Year of onset:
	ns, physical disabilities, cognitive/intellectuo	
nat affect client's abi	ility to do things in the home	
	Is IIs and (also also all the est arrangle)	
Mobility Aid	ds Used (check all that apply)	
•	Crutch(es) Type	Walker Type
Cane(s) Type		Walker Type Width
Cane(s) Type	Crutch(es) Type Manual Wheelchair	
Cane(s) Type Scooter Widest Width	Crutch(es) Type Manual Wheelchair Widest Width	Width Power Wheelchair
•	Crutch(es) Type Manual Wheelchair Widest Width Max. Length	Width

- **Step 1.** Check the box corresponding to the **client's rating** of difficulty when the following tasks are done <u>without personal assistance.</u>
- **Step 2.** List any **mobility aid(s)** checked in item C above that is (are) used when doing each task.
- **Step 3.** Provide any **additional comments** that further describe how each task is completed.

	Step1: Client's Rating			ating	Step 2:	Stan 3:		
Tasks	Cannot or Do Not Do	Very Difficult	Difficult	Not Difficult	Mobility Aids Used	Step 3: Comments		
Turn on light a switch.	0	1	2	3				
Push a button.	0	1	2	3				
Open a drawer.	0	1	2	3				
Turn a doorknob.	0	1	2	3				
Sit upright in a chair.	0	1	2	3				
Transfer from a chair to wheelchair.	0	1	2	3				
Get up from chair and stand.	0	1	2	3				
Walk five feet.	0	1	2	3				
Walk across a room.	0	1	2	3				
Step up on a curb.	0	1	2	3				
Walk up three steps.	0	1	2	3				
Walk up 10 steps or more.	0	1	2	3				
Roll/propel wheelchair 5ft.	0	1	2	3				
Roll/propel wheelchair across a room	0	1	2	3				

3.0 PROBLEMS IN THE HOME

If possible, have the client answer all of the questions in each of the problem areas (Sections 3.1--3.7) below. If not possible, have a family member/caregiver complete the questions.

- **Step 1.** Check the box labeled **problem**, if the task is a problem for the client <u>to do alone</u> or if the task <u>cannot be done</u>.
- **Step 2.** Check the box labeled **help**, if someone helps the client complete the task.
- **Step 3.** List the type of mobility aid(s) and assistive **devices** used in completing the task.
- **Step 4.** Provide any **comments** that will further describe the client's problem(s).

3.1 Getting in and out of the house

Tasks	Problem	11.1	Davisa	Carrente
	Problem	Help	Device	Comments
Getting to any entrance from the street, driveway or sidewalk.				
Going up/down stairs to any entry door.				
Maneuvering into position to open any entry door.				
Locking/unlocking and opening/closing any entry door.				
Going over a threshold at and through any entry door.				
Other (specify):				
3.2 Going up and down interior s	tairs			
Tasks	Problem	Help	Device	Comments
Going up/down any level change of 1-2 steps.				
Going up/down any level change of 3 or more steps.				
Other (specify):				4234
				The state of the s
3.3 Moving around the house				
Tasks	Problem	Help	Device	Comments
Maneuvering into position to open/close any interior door.				
Opening/closing any interior door.				
Turning into any room from any hallway or into any hallway from any room.				
Going over a threshold at and through				
any interior door.	continu	e next p	age	

3.3 Moving around the house

Tasks	Problem	Help	Device	Comments
Moving within any hallway or room, or across any floor.				
Other (specify):				
3.4 Using the Bathroom				
Tasks	Problem	Help	Device	Comments
Toileting				
Getting close enough to any toilet.				
Getting on/off any toilet.				
Reaching the toilet paper at any toilet.				
Flushing any toilet.				
Other (specify):				
		O		
		J		
Bathing/Showering				
Getting close enough to any bathtub/shower.				
Getting in/out of any bathtub/shower.				- Pr
Lowering down to/rising up from the bottom of any bathtub.				
Standing while showering in any shower.				
Reaching the faucet and turning the water				EX F
on/off in any bathtub/shower.				٥.
Reaching the water, soap, shampoo, etc. in any bathtub/shower.				
Other (specify):				
)				(A) (A)
Grooming, etc.				
Getting close enough to any bathroom sink.				74602
Reaching the faucet and turning the water on/off in any bathroom sink.		0		
	continu	ue next	page	

3.4 Using the Bathroom

Tasks	Problem	Help	Device	Comments
Seeing in the mirror above or near any bathroom sink.				
Getting items from any bathroom cabinet or shelf.				
Other (specify):				
3.5 Using the Bedroom				
Tasks	Problem	Help	Device	Comments
Getting to any bed.				
Getting in/out of any bed.				0
Getting in/out of any chair.				
Getting to any bedroom closet or storage space.				
Reaching items in any bedroom closet or storage space.				A STATE OF THE STA
Other (specify):				
		3		
3.6 Using the Kitchen				
Tasks	Problem	Help	Device	Comments
Getting close enough to any kitchen base cabinet or drawer.	D			
Using any kitchen base cabinet.				
Using any kitchen drawer.				
Using any kitchen counter and/or workspace.				
Getting close enough to any kitchen sink.				0.07
Reaching the faucet and turning the water on/off in any kitchen sink.				
Getting close enough to any kitchen appliance.				
Using any kitchen appliance.				
Using any kitchen wall cabinet.				
Storing/taking items from any kitchen shelf or closet.				
Other (specify):				
	continu	e next p	nage)	

3.7 Doing Laundry

G.7 Boing Edonary				
Tasks	Problem	Help	Device	Comments
Getting close enough to any washer, dryer, or storage space.				
Using any washer or dryer.				
Using any cabinet or storage space in laundry area.				
Other (specify):				
3.8 Controlling Ambient Conditi	ons			
Tasks	Problem	Help	Device	Comments
Locking/unlocking any window.				
Opening/closing any window or window treatment.				
Adjusting light level.				
Plugging/unplugging any electric cord.				
Using any telephone.		O.		\square
Adjusting any thermostat.				
Using any room heater, fan, or air conditioner.				
Hearing doorbell, smoke alarm, or other auditory cue.	D			
Other (specify):				
3.9 Doing Other Activities				
Tasks	Problem	Help	Device	Comments
List other problems in doing things in the home.				
6				

4.0 CLIENT GOALS

4.1 Problems to be Addressed

- **Step 1.** If the client answered yes to any problems within a specific problem area (i.e., 3.1 to 3.7), circle the icon of that problem area in the appropriate column.
- **Step 2.** For each icon selected in Step 1, rate how soon the problems needs to be addressed by circling the appropriate response in the appropriate column.
- **Step 3.** For problem areas that were rated as change soon (3) or change now (4), use **Step 3** to rank order the importance of each, beginning with I for the most important.
- **Step 4**. For problem areas that were rated as change soon (3) or change now (4), complete the appropriate section in **Part 5**.

	Step 1		Ste	p 2		Step 3
Problem Area		How so	Rank In Order Of			
	Solem Arca	Don't Change At Any Time	Can Wait To Be Changed	Change Soon	Change Now	Importance
	Getting in and out of the house	1	2	3	4	
	Going up and down interior stairs		2	3	4	
	Moving around the house	1	2	3	4	
	Using the bathroom	1	2	3	4	
	Using the bedroom	1	2	3	4	
	Using the kitchen	1	2	3	4	
	Doing laundry	1	2	3	4	
© (ZZ) o	Controlling ambient conditions/using communications	1	2	3	4	
-)	Doing other activities	1	2	3	4	

4.2 Client Ideas and Concerns

Problem Areas to be Changed

In the problem areas you want to change soon or now (3 or 4 circled in Step 2 on previous page), do you have any ideas about what changes you would make?

	In and Out	
	Interior Stairs	
	Around the House	
	Bathroom	
	Bedroom	
	Kitchen	
	Laundry	
©	Ambient Conditions	
	Other Activities	

B Areas Not Changed

In the problem areas you want to change soon or now (3 or 4 circled in Step 2 on previous page), is there anything that should be left alone and not changed?

	In and Out				
	Interior Stairs				
	Around the House				
	Bathroom				
	Bedroom				
	Kitchen				
	Laundry				
<i>∘</i>	Ambient Conditions				
-, \(\);	Other Activities				

5.0 DESCRIPTION OF THE HOME

Directions

- Complete only those sections in 5.1 5.7 that follow and correspond to problem areas to change soon or change now, as indicated by a 3 or 4 in Section 4.1, Step 2 on page 7.
- To complete Sections 5.1-5.7 you will need to take some measurements and photographs of the house.

Helpful hints:

- ◆ Measurements should be taken to the nearest inch; if less than 1/2 inch, round down.
- Record measurements in inches or feet and inches, whichever is more comfortable for you.
- ◆ All room measurements should be taken from the wall, not the base board molding at the floor.
- ◆ Measurements from wall to door should be taken from the wall to the inside of the doorframe.
- ◆ Door measurements should be taken by measuring across the door from the right edge to the left edge.



5.1 Getting In and Out of the House

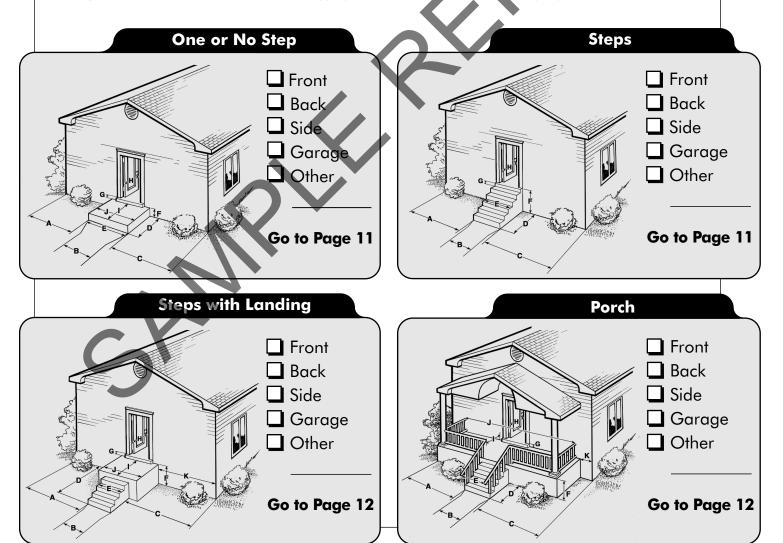
A Photographs of the Outside of the House

Refer to the PHOTO GUIDE in the appendix for recommended location(s) and the required number of photographs needed to document getting in and out of the house.

B Location of Entrances

Directions:

- Step I. Pick the diagram(s) below that most closely match the type(s) of entrances to the home.
- Step 2. Check the box next to the location of the entrance or entrances for each diagram picked.
- **Step 3. Go to the page**(s) indicated for each diagram.
- Step 4. Provide the measurements for each entrance that corresponds to the diagram.
- Step 5. Record the measurements in the appropriate column (i.e., front, back, side, garage, other in the chart below).



5.0 Description of the home

Measurements of Entrances

C-1	One S	Step o	r No Step Entrance						
		_	-	Location of Entry					
			Measurements	Front	Back	Side	Garage	Other	
		A.	. Step to Left corner of House						
		В.	Narrowest Width of Sidewalk						
Service Services		C.	. Step to Right Corner of House						
G		D.	. House to Outside Edge of Step						
	F	E.	Narrowest Width of Step						
E	D	F.	Vertical Height of Step						
В	C	G.	. Threshold Height						
		H.	. Doør Width						
		I.	Narrowest Depth of Step						
		J.	Narrowest Length of Landing						

C-2	Entrance wi		loca	tion o	f Entry	\perp	
	Measurements		Enant				Otho
			Front	Баск	Side	Garage	Office
5'	A. Step	to Left corner of House					
	B. Narro	owest Width of Sidewalk					
	C. Step	to Right Corner of House					
G	D. Hous	e to Outside Edge of Step					
A	E. Narro	west Width of Step					
B	F. Vertico	al Height of Step					
C C	G. Thres	hold Height					
	H. Door	Width					

5.0 Description of the home

Measurements of Entrances (continued)

C-3	Steps With a Landing		Loca	tion o	f Entry	
	Measurements	Front		ı	Garage	Other
	A. Step to Left corner of House			/		
	B. Narrowest Width of Sidewalk					
	C. Step to Right Corner of House					
G. G.	D. House to Outside Edge of Step		X			
J F K	E. Narrowest Width of Step					
LE STATE OF THE ST	F. Vertical Height of Step					
C	G. Threshold Height					
B	H. Door Width					
	I. Narrowest Depth of Step					
	J. Narrowest Length of Landing					
	K. Landing at Right Corner of House					

C-4	Entrance	With a Porch		Locat	ion of	Entry	\perp
		Measurements	Front			Garage	Othe
	A. Step t	o Left corner of House					
	B. Narro	west Width of Sidewalk					
	C. Step t	o Right Corner of House					
	D. Porch	to Outside Edge of Step					
S K	—— E. Narro	west Width of Step					
	F. Vertice	al Height of Porch					
A D F	G. Thres	hold Height					
B	H. Door	Width					
c	I. Narro	west Depth of Porch					
	J. Narro	west Length of Porch					
	K. Porch House	to Right Corner of					

5.2 Going Up and Down Interior Stairs

A Photographs of Interior Stairs

Refer to the PHOTO GUIDE in the appendix for recommended location(s) and the required number of photographs needed to document going up and down interior stairs.

Location of Interior Stairs

Directions:

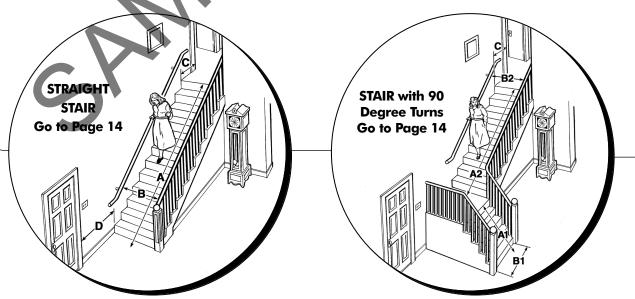
- Step I. Assign a number (e.g. Stair I, stair 2, etc.) to each flight of interior stairs that needs to be changed soon or now
- Step 2. Put an (x) in the circle to next to the location of each stair in the lists below.
- **Step 3. Indicate the location** of the interior stair(s).

STAIR I	STAIR 2	STAIR 3	STAIR 4
Basement to 1st Floor	Basement to 1st Floor	Basement to 1st Floor	Basement to 1st Floor
○ 1st to 2nd Floor	○ 1st to 2nd Floor	1st to 2nd Floor	→ 1st to 2nd Floor
2nd to 3rd Floor	2nd to 3rd Floor	O 2nd to 3rd Floor	2nd to 3rd Floor

C Measurements of Doors, Doorways, and Interior Stairs

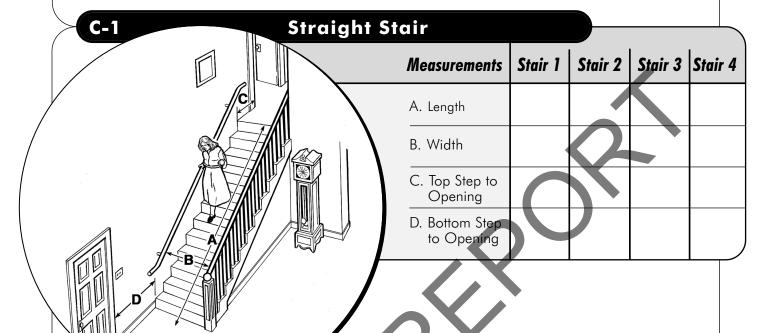
Directions:

- **Step I. Pick the diagram(s) below** that most closely match the type(s) of interior stair that needs to be changed soon or now. For curved stair or others that do not match the diagrams, provide only photographs.
- Step 2. Go to the pages indicated for each diagram.
- Step 3. Provide the measurements indicated for each stair that corresponds to the diagram.
- Step 4. Record the measurements in the appropriate column (i.e., stair 1, 2, 3, 4).



5.0 Description of the home





C-2	Stair	With 90 Degree To	Jrns			
		Measurements	Stair 1	Stair 2	Stair 3	Stair 4
		A1. Bottom Length				
		A2. Top Length				
		B1. Bottom Width				
	A2	B2. Top Width				
		C. Top Step to Opening				
	A	D. Bottom Step to Opening				
	B1		I			

Moving Around the House

Photographs of Doors, Doorways, and Halls

Refer to the PHOTO GUIDE in the appendix for recommended location(s) and the required number of photographs needed to document problems related to moving around the house.

Location of Doors, Doorways, and Halls

Directions:

- Step I. In Column I of the table below, list the specific doors and doorways that need to be changed soon or now and indicate the floor on which they are located.
- Step 2. In Column 2, list the specific hallways that need to be changed soon or now and indicate the floor on which they are located.

Column 1. Doors & Doorways

Name	Floor
1	
2	
3	•
4	
5	

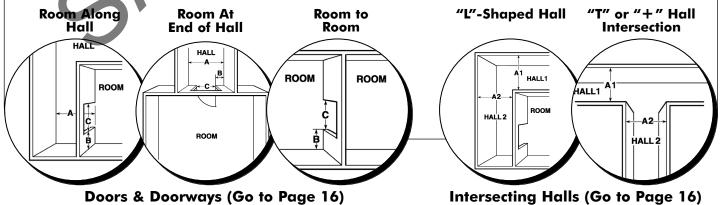
Column 2. Intersecting Halls

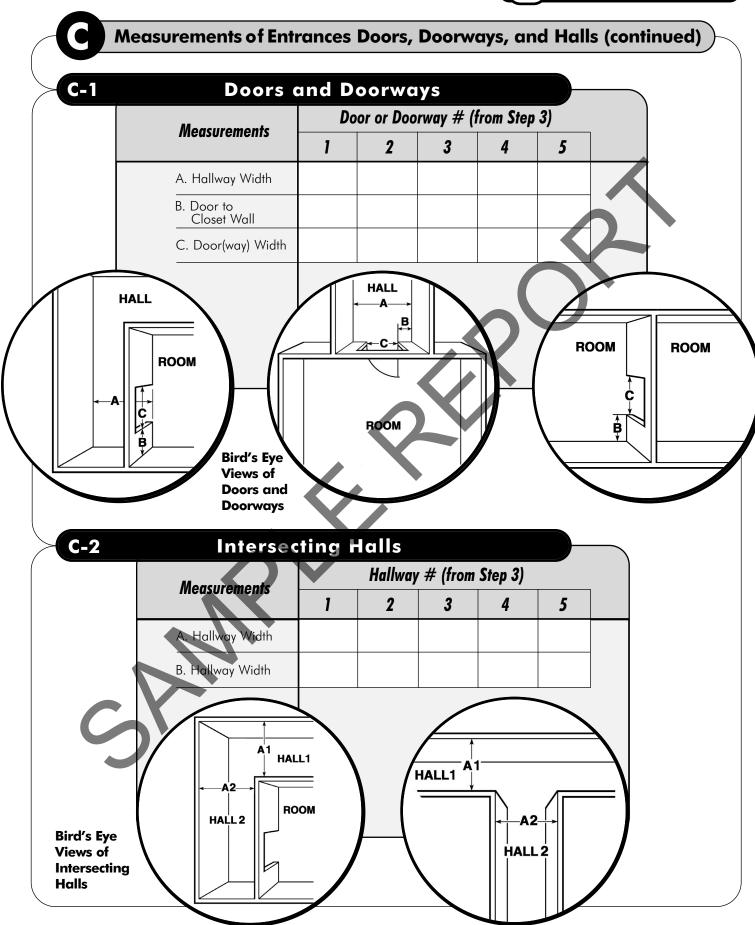
Name	Floor
1	
2	
3	
4	
5	

Measurements of Doors, Doorways, and Halls

Directions:

- Step I. Pick the diagram(s) below that most closely match the door(s), doorway(s), and hall(s) that need to be changed soon or now.
- Step 2. Go to the page indicated for each diagram.
- **Step 3. Provide the measurements** indicated on the diagram.
- Step 4. Record the measurements for each door, doorway, or hall in the numbered column corresponding to the numbered row in Step 2, above.





5.4 Using the Bathroom

A Photographs of Bathrooms

Refer to the PHOTO GUIDE in the appendix for recommended location(s) and the required number of photographs needed to document the bathroom.

B Location of Bathrooms

Directions:

Step I. Check the box for the bathrooms/powder room (half bath) that need to be changed soon or now.

Step 2. Put an (x)in the circle indicate the location of the bathroom.

☐ BATHROOM I	☐ BATHROOM 2	☐ BATHROOM 3	☐ POWDER ROOM
Basement	Basement	O Basement	Basement
1st Floor	1st Floor	1st Floor	O 1st Floor
2nd Floor	2nd Floor	2nd Floor	2nd Floor
3rd Floor	3rd Floor	O 3rd Floor	3rd Floor
	•		

Measurements of Bathrooms

Directions:

Step I. Use the diagram below to provide the measurements indicated for each bathroom(s)

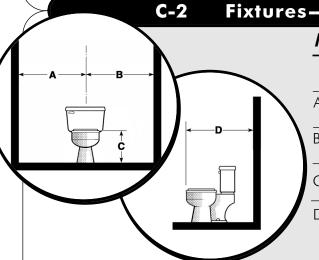
Step 2. Record the measurements for the length of the WALLS on the appropriate columns in the chart below.

Step 3. Record the measurements for each fixture in the charts on pages 18-19.

Step 4. Put an "X" through the drawing of any fixture on pages 18-19 that is not present in the room.

C-1 Walls **Powder** Birds eye view Bathroom 2 | Bathroom 3 Measurements Bathroom 1 Room of bathroom A. Door to Wall 2 WALL 3 B. Door Width WALL 4 C. Door to Wall 4 WALL 2 D. Wall 1 to Wall 3 E. Wall 2 to Wall 4 continue next page

Measurements of Bathrooms (continued)



5	101	ет

Measurements	Bathroom 1	Bathroom 2	Bathroom 3	Powder Room
Wall Number	#	#	#	#
A. Left Wall to Centerline				
B. Right Wall to Centerline				\

Bathroom 2

Bathroom 3

Bathroom 2 | Bathroom 3 | Powder Room

Powder Room

- C. Height of Toilet
- D. Wall Behind Toilet to Front of Toilet

Measurements

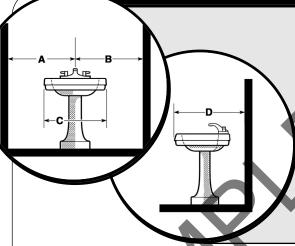
Wall Number

Bathroom 1

Bathroom 1

#

C-2 Fixtures—Pedestal Sink



A. Left Wall to Centerline

B. Right Wall to Centerline C. Sink at Widest

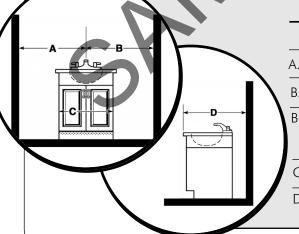
Point

Nall Behind Sink to Front of Sink

C-2 Fixtures—Sinks With Base Cabinet

Measurements

Wall Number



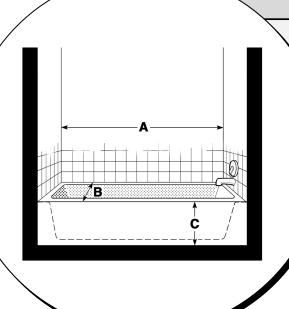
- A. Left Wall to Centerline
- B. Right Wall to Centerline
- B1. If Two Sinks, Centerline of Sink 1 to Centerline of Sink 2
- C. Width of Base Cabinet
- D. Wall Behind Sink to Front of Sink

continue next page



Measurements of Bathrooms (continued)

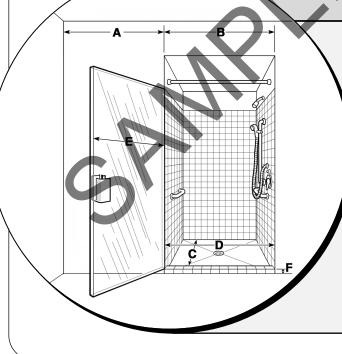
C-2 Fixtures—Bathtub or Bathtub With Shower



Measurements	Bathroom 1	Bathroom 2	Bathroom 3
Wall Number	#	#	#

- A. Length of the Bathtub
- B. Width of the Bathtub
- C. Height of the Bathtub

C-2 Fixtures-Shower



Wall Number	#	#	#
A. Left Wall to Outside Edge of Shower			

Bathroom 1 | Bathroom 2 | Bathroom 3

B. Right Wall to Outside Edge of Shower

Measurements

- C. Width of Shower
- D. Length of Shower
- E. Width of Shower Door
- F. Height of Curb

5.5 Using the Bedroom

A Photographs of Bedrooms

Refer to the PHOTO GUIDE in the appendix for recommended location(s) and the required number of photographs needed to document the bedroom.

B Location of Bedrooms

Directions:

Step I. Check the box for the **bedroom** that need to be changed soon or now.

Step 2. Put an (x) in the circle to indicate the location of the bedroom.

☐ BEDROOM I (MASTER)	□ BEDROOM 2	□ BEDROOM 3
Basement	Basement	Basement
1st Floor	1st Floor	1st Floor
2nd Floor	2nd Floor	2nd Floor
3rd Floor	3rd Floor	3rd Floor

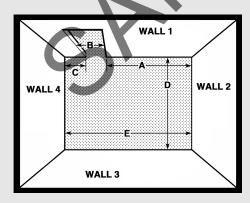
Measurements of Bedrooms

Directions:

Step 1. Use the diagram below to **provide the measurements** indicated for each bedroom.

Step 2. Record the measurements in the appropriate chart.

C-1 Walls



Birds eye	view	of	bedroom
-----------	------	----	---------

Measurements	Bedroom 1	Bedroom 2	Bedroom 3	Bedroom 4
A. Door to Wall 2				
B. Door Width				
C. Door to Wall 4				
D. Wall 1 to Wall 3				
E. Wall 2 to Wall 4				

Photographs of th	e Kitchen	
efer to the PHOTO GUIDE in the ap hotographs needed to document the	-	on(s) and the required number of
Identifying Kitche	n Problem Areas	
Directions: Step 1. Put an (x) in the circle beside	e the fixture, appliance or cab	inet that needs to be changed soon or now.
FIXTURES	APPLIANCES	CABINETS
Sink Other	Refrigerator Stove Oven Microwave	Upper Which Ones?
	Other	Lower Which Ones?
		Drawers Which Ones?
		Pantry
C		Other

There are **NO** measurements to be taken at this time.

5.7 Doing Laundry

A Photographs of the Laundry Area

Refer to the PHOTO GUIDE in the appendix for recommended location(s) and the required number of photographs needed to document the laundry area.

B Identifying Laundry Problem Areas

Directions:

Step I. Put an (x) in the circle beside the fixture, appliance or cabinet that needs to be changed soon or now.

FIXTURES	APPLIANCES	CABINETS
Sink	Washer	O Upper
Other	Other	O Lower O Drawers
		Shelves Closet
		Other
		(

Measurements of the Laundry Area

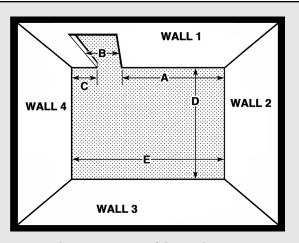
Directions:

Step I. Use the diagram below to provide the measurements indicated for the laundry area.

Step 2. Record the measurements in the column marked "length" in the chart.

C-1 Walls

Measurements	Length
A. Door to Wall 2	
B. Door Width	
C. Door to Wall 4	
D. Wall 1 to Wall 3	
E. Wall 2 to Wall 4	



Birds eye view of laundry area

5.8 Controlling Ambient Conditions and Using Communication Devices

Photographs of Elements for Controlling Ambient Conditions and Communicating

Take a photograph of each specific device associated with problems in Section 3.8 that needs to be changed soon or now.

B Location of Elements

Directions:

- **Step I. Check the box** for the **building elements** that need to be changed soon or now. Fans, heaters or air conditioners installed in a window or wall of a room should be listed under **room unit**.
- **Step 2.** Indicate the **location** of each element that is checked by using the room designation given in sections 5.1-5.7 (e.g., Bathroom I) or if the element is in a space not covered in sections 5.1-5.7, write in the name of the space (e.g., Dining Room).

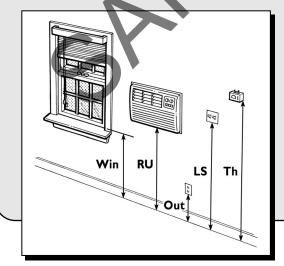
LOCATION:	LIGHT SWITCH	OUTLET	WINDOW	ROOM UNIT	THERMOSTAT
LOCATION 1:	O LS 1	Out 1	○ Win 1	O RU 1	○ Th 1
LOCATION 2:	O LS 2	Out 2	O Win 2	RU 2	O Th 2
LOCATION 3:	O LS 3	Out 3	○ Win 3	O RU 3	O Th 3
LOCATION 4:	O LS 4	Out 4	○ Win 4	O RU 4	
LOCATION 5:	O LS 5	Out 5	O Win 5	O RU 5	
l					,

Measurements of Devices

Directions:

- **Step I.** Use the diagram below to **provide the measurements** for each element checked in Section B above. **All measurements are to the bottom of the element.**
- Step 2. Record the measurements in the for each element.

C-1 Devices



Light Switch	Outlet	Window	Room Unit	Thermostat
LS 1	Out 1	Win 1	RU 1	Th 1
LS 2	Out 2	Win 2	RU 2	Th 2
LS 3	Out 3	Win 3	RU 3	Th 3
LS 4	Out 4	Win 4	RU 4	
LS 5	Out 5	Win 5	RU 5)

5.9 Doing Other Activities

A Photographs of Other Problems

Refer to the PHOTO GUIDE in the appendix for recommended location(s) and the required number of photographs needed to document other activities.

Problem Areas in Other Areas of the Home List/describe other areas of your home that need to be changed soon or now.

Characteristics in Other Areas of the Home

There are **NO** measurements to be taken at this time.

6.0 RECOMMENDATIONS

your professional of	opinion, what home modifications would you recommend and why?
there any additiona	al information needed in order to match the person with the solutions?
Health C	Care Services
	you or others will be providing the client including functional mobility training, ordering
bility devices and/	or durable medical equipment, and helping to get modifications implemented.
	—
SX	
SX	
SY	
5 ^X	
5 Y	