CASPAR

Comprehensive Assessment and Solution Process For Aging Residents

INTRODUCTION

CASPAR™ consists of 6 sections. The suggested order of completing the protocol is as follows:

- I. Contact Information
- 2. Client Information
- 3. Problems In the Home
- 4. Client Goals
- 5. Description of the Home
- 6. Summary Information

MATERIALS NEEDED

- -- CASPAR™
- -- Camera
- 25' or longer tape measure

1.0 CONTACT INFORMATION

Phone		_			
					•
<u> </u>		E	-Mail		
Additio	nal Contact Pers	son (if necessa	ry)		
Name					
·	Client				
				a.m	
			E-Mail		
Address	f applicable)				
					•
					`
Check B	ox(es) of Health	Care Protess	ionals Workii	ng With Client)
Care/Case	Occupational Therapist	Physical Therapist	Social Worker	Other	
Manager	•				

2.0 CLIENT INFORMATION

Age (yea	ırs) Height Weight	Gender M F
Client's Medi	cal Diagnoses or Disabilities	
Primary medical diagno	osis:	Year of onset:
Other health conditions	s, physical disabilities, cognitive/intellect	tual impairments or behavioral issues
that attect client's abilit	ty to do things in the home	
mar ander enem o abin	iy io do iiiiigs iii iiie iioiiie.	
	iy to do fillings in the flottie.	
	s Used (check all that apply)	
Mobility Aids		
Mobility Aids Cane(s) Type	S Used (check all that apply)	Walker Type
Mobility Aids Cane(s) Type	Crutch(es) Type Manual Wheelchair	Walker Type Width_
Cane(s) Type	□ Crutch(es) Type □ Manual Wheelchair Widest Width	Walker Type Width_ □ Power Wheelchair
Cane(s) Type Scooter Widest Width	Crutch(es) Type Manual Wheelchair Widest Width Max. Length	Walker Type Width Power Wheelchair Widest Width

- Functional Movement Abilities
- **Step 1.** Check the box corresponding to the **client's rating** of difficulty when the following tasks are done <u>without personal assistance.</u>
- **Step 2.** List any **mobility aid(s)** checked in item C above that is (are) used when doing each task.
- **Step 3.** Provide any **additional comments** that further describe how each task is completed.

	Step1: Client's Rating				Step 2:	Ston 2.		
Tasks	Cannot or Do Not Do	Very Difficult	Difficult	Not Difficult	Mobility Aids Used	Step 3: Comments		
Turn on light a switch.	0	1	2	3				
Push a button.	0	1	2	3				
Open a drawer.	0	1	2	3				
Turn a doorknob.	0	1	2	3				
Sit upright in a chair.	0	1	2	3				
Transfer from a chair to wheelchair.	0	1	2	3				
Get up from chair and stand.	0	1	2	3				
Walk five feet.	0	1	2	3				
Walk across a room.	0	1	2	3				
Step up on a curb.	0	1	2	3				
Walk up three steps.	0	1	2	3				
Walk up 10 steps or more.	0	1	2	3				
Roll/propel wheelchair 5ft.	0	1	2	3				
Roll/propel wheelchair across a room	0	1	2	3				

3.0 PROBLEMS IN THE HOME

If possible, have the client answer all of the questions in each of the problem areas (Sections 3.1--3.7) below. If not possible, have a family member/caregiver complete the questions.

- **Step 1.** Check the box labeled **problem**, if the task is a problem for the client <u>to do alone</u> or if the task <u>cannot be done</u>.
- **Step 2.** Check the box labeled **help**, if someone helps the client complete the task.
- **Step 3.** List the type of mobility aid(s) and assistive **devices** used in completing the task.
- **Step 4.** Provide any **comments** that will further describe the client's problem(s).

3.1 Getting in and out of the house

Tasks	Problem	Help	Device	Comments
Getting to any entrance from the street, driveway or sidewalk.				
Going up/down stairs to any entry door.				
Maneuvering into position to open any entry door.				
Locking/unlocking and opening/closing any entry door.				
Going over a threshold at and through any entry door.				
Other (specify):				
3.2 Going up and down interior s	tairs			
Tasks	Problem	Help	Device	Comments
Going up/down any level change of 1-2 steps.				1=1
Going up/down any level change of 3 or more steps.				
Other (specify):				4234
				West Hall
3.3 Moving around the house				
Tasks	Problem	Help	Device	Comments
Tasks Maneuvering into position to open/close any interior door.	Problem	Help	Device	Comments
Maneuvering into position to open/close			Device	Comments
Maneuvering into position to open/close any interior door.			Device	Comments

3.3 Moving around the house

Tasks	Problem	Help	Device	Comments
Moving within any hallway or room, or across any floor.				
Other (specify):				
3.4 Using the Bathroom				
Tasks	Problem	Help	Device	Comments
Toileting				
Getting close enough to any toilet.				
Getting on/off any toilet.				
Reaching the toilet paper at any toilet.				
Flushing any toilet.				
Other (specify):				
Bathing/Showering				
Getting close enough to any bathtub/shower.				
Getting in/out of any bathtub/shower.				- Pr
Lowering down to/rising up from the bottom of any bathtub.				
Standing while showering in any shower.				
Reaching the faucet and turning the water				0 6
on/off in any bathtub/shower.				2
Reaching the water, soap, shampoo, etc. in any bathtub/shower.				
Other (specify):				
				(A) (A)
Grooming, etc.				
Getting close enough to any bathroom sink.				74602
Reaching the faucet and turning the water on/off in any bathroom sink.				
	continu	le next	page)	

3.4 Using the Bathroom

Tasks	Problem	Help	Device	Comments
Seeing in the mirror above or near any bathroom sink.				
Getting items from any bathroom cabinet or shelf.				
Other (specify):				
3.5 Using the Bedroom				
Tasks	Problem	Help	Device	Comments
Getting to any bed.				
Getting in/out of any bed.				£1
Getting in/out of any chair.				a A
Getting to any bedroom closet or storage space.				10 Cold
Reaching items in any bedroom closet or storage space.				A STATE OF THE STA
Other (specify):				
3.6 Using the Kitchen				
Tasks	Problem	Help	Device	Comments
Getting close enough to any kitchen base cabinet or drawer.				
Using any kitchen base cabinet.				
Using any kitchen drawer.				
Using any kitchen counter and/or workspace.				
Getting close enough to any kitchen sink.				0.07
Reaching the faucet and turning the water on/off in any kitchen sink.				
Getting close enough to any kitchen appliance.				
Using any kitchen appliance.				
Using any kitchen wall cabinet.				
Storing/taking items from any kitchen shelf or closet.				
Other forces (C)				
Other (specify):				
Other (specify):				

3.7 Doing Laundry

On Boiling Edolidity				
Tasks	Problem	Help	Device	Comments
Getting close enough to any washer, dryer, or storage space.				
Using any washer or dryer.				
Using any cabinet or storage space in laundry area.				
Other (specify):				
3.8 Controlling Ambient Conditi	ons			
Tasks	Problem	Help	Device	Comments
Locking/unlocking any window.				
Opening/closing any window or window treatment.				
Adjusting light level.				
Plugging/unplugging any electric cord.				a
Using any telephone.				
Adjusting any thermostat.				
Using any room heater, fan, or air conditioner.				
Hearing doorbell, smoke alarm, or other auditory cue.				
Other (specify):				
3.9 Doing Other Activities				
Tasks	Problem	Help	Device	Comments
List other problems in doing things in the home.				

4.0 CLIENT GOALS

4.1 Problems to be Addressed

- **Step 1.** If the client answered yes to any problems within a specific problem area (i.e., 3.1 to 3.7), circle the icon of that problem area in the appropriate column.
- **Step 2.** For each icon selected in Step 1, rate how soon the problems needs to be addressed by circling the appropriate response in the appropriate column.
- **Step 3.** For problem areas that were rated as change soon (3) or change now (4), use **Step 3** to rank order the importance of each, beginning with I for the most important.
- **Step 4**. For problem areas that were rated as change soon (3) or change now (4), complete the appropriate section in **Part 5**.

	Step 1			Step 3		
Dry	oblem Area	How so	Rank In Order Of			
	obiem Area	Don't Change At Any Time	Can Wait To Be Changed	Change Soon	Change Now	Importance
	Getting in and out of the house	1	2	3	4	
	Going up and down interior stairs	1	2	3	4	
	Moving around the house	1	2	3	4	
	Using the bathroom	1	2	3	4	
	Using the bedroom	1	2	3	4	
	Using the kitchen	1	2	3	4	
	Doing laundry	1	2	3	4	
° B°	Controlling ambient conditions/using communications	1	2	3	4	
->	Doing other activities	1	2	3	4	

4.2 Client Ideas and Concerns

Problem Areas to be Changed

In the problem areas you want to change soon or now (3 or 4 circled in Step 2 on previous page), do you have any ideas about what changes you would make?

	In and Out	
	Interior Stairs	
	Around the House	
	Bathroom	
	Bedroom	
	Kitchen	
	Laundry	
0 B	Ambient Conditions	
-	Other Activities	

B Areas Not Changed

In the problem areas you want to change soon or now (3 or 4 circled in Step 2 on previous page), is there anything that should be left alone and not changed?

	In and Out	
	Interior Stairs	
	Around the House	
	Bathroom	
	Bedroom	
	Kitchen	
	Laundry	
0	Ambient Conditions	
	Other Activities	

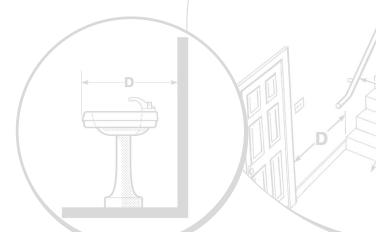
5.0 DESCRIPTION OF THE HOME

Directions

- Complete only those sections in 5.1 5.7 that follow and correspond to problem areas to change soon or change now, as indicated by a 3 or 4 in Section 4.1, Step 2 on page 7.
- To complete Sections 5.1-5.7 you will need to take some measurements and photographs of the house.

Helpful hints:

- ◆ Measurements should be taken to the nearest inch; if less than 1/2 inch, round down.
- Record measurements in inches or feet and inches, whichever is more comfortable for you.
- ◆ All room measurements should be taken from the wall, not the base board molding at the floor.
- ◆ Measurements from wall to door should be taken from the wall to the inside of the doorframe.
- Door measurements should be taken by measuring across the door from the right edge to the left edge.



5.1 Getting In and Out of the House

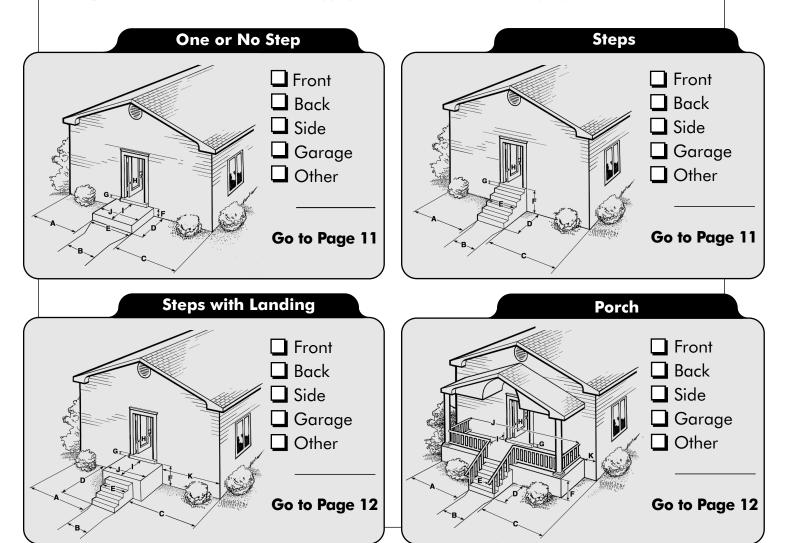
A Photographs of the Outside of the House

Refer to the PHOTO GUIDE in the appendix for recommended location(s) and the required number of photographs needed to document getting in and out of the house.

B Location of Entrances

Directions:

- Step I. Pick the diagram(s) below that most closely match the type(s) of entrances to the home.
- Step 2. Check the box next to the location of the entrance or entrances for each diagram picked.
- **Step 3. Go to the page**(s) indicated for each diagram.
- Step 4. Provide the measurements for each entrance that corresponds to the diagram.
- Step 5. Record the measurements in the appropriate column (i.e., front, back, side, garage, other in the chart below).



Measurements of Entrances

C-1	One Step or No Step Entrance Location of Entry							
	Measurements	Front	Back	Side	Garage	Other		
	A. Step to Left corner of House							
	B. Narrowest Width of Sidewalk							
	C. Step to Right Corner of House							
G	D. House to Outside Edge of Step							
J	E. Narrowest Width of Step							
EDO	F. Vertical Height of Step							
B C	G. Threshold Height							
	H. Door Width							
	I. Narrowest Depth of Step							
	J. Narrowest Length of Landing							

C-2	Entrance	with Steps				
		Measurements	Front		Garage	Othe
	A.	Step to Left corner of House				
	B.	Narrowest Width of Sidewalk				
H	C	Step to Right Corner of House				
G I	D.	House to Outside Edge of Step				
A	E.	Narrowest Width of Step				
B	F.	Vertical Height of Step				
c	G.	Threshold Height				
	Н.	Door Width				

5.0 Description of the home

Measurements of Entrances (continued)

C-3	Steps With a Landing Location of Entry					\perp
	Measurements _F				Garage	Other
	A. Step to Left corner of House					
	B. Narrowest Width of Sidewalk					
Survive State of the state of t	C. Step to Right Corner of House					
G G	D. House to Outside Edge of Step					
J. K.	E. Narrowest Width of Step					
O E STATE OF THE S	F. Vertical Height of Step					
C.	G. Threshold Height					
В	H. Door Width					
	I. Narrowest Depth of Step					
	J. Narrowest Length of Landing					
	K. Landing at Right Corner of House					

C-4	Entrance With a Porch			Location of Entry		
	Measurements Fr		Back	Side	Garage	Othe
	A. Step to Left corner of House					
	B. Narrowest Width of Sidewalk					
	C. Step to Right Corner of House					
	D. Porch to Outside Edge of Step					
	E. Narrowest Width of Step					
	F. Vertical Height of Porch					
A D F	G. Threshold Height					
B	H. Door Width					
c	I. Narrowest Depth of Porch					
	J. Narrowest Length of Porch					
	K. Porch to Right Corner of House					

5.2 Going Up and Down Interior Stairs

A Photographs of Interior Stairs

Refer to the PHOTO GUIDE in the appendix for recommended location(s) and the required number of photographs needed to document going up and down interior stairs.

B Location of Interior Stairs

Directions:

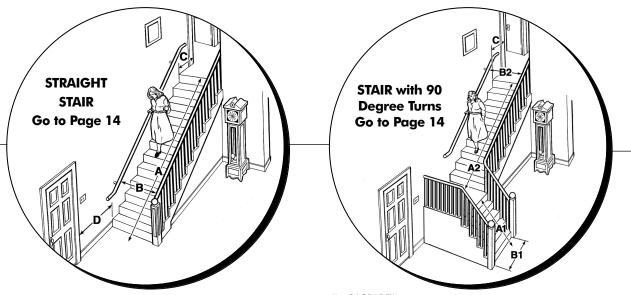
- Step I. Assign a number (e.g. Stair I, stair 2, etc.) to each flight of interior stairs that needs to be changed soon or now
- Step 2. Put an (x) in the circle to next to the location of each stair in the lists below.
- **Step 3. Indicate the location** of the interior stair(s).

STAIR I	STAIR 2	STAIR 3	STAIR 4
Basement to 1st Floor	Basement to 1st Floor	Basement to 1st Floor	Basement to 1st Floor
○ 1st to 2nd Floor	→ 1st to 2nd Floor	1st to 2nd Floor	1st to 2nd Floor
2nd to 3rd Floor	2nd to 3rd Floor	2nd to 3rd Floor	2nd to 3rd Floor
2nd to 3rd Floor	2nd to 3rd Floor	2nd to 3rd Floor	2nd to 3rd Floo

C Measurements of Doors, Doorways, and Interior Stairs

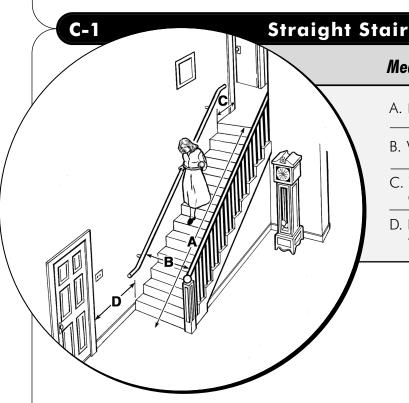
Directions:

- **Step I. Pick the diagram(s) below** that most closely match the type(s) of interior stair that needs to be changed soon or now. For curved stair or others that do not match the diagrams, provide only photographs.
- **Step 2. Go to** the pages indicated for each diagram.
- Step 3. Provide the measurements indicated for each stair that corresponds to the diagram.
- **Step 4. Record the measurements** in the appropriate column (i.e., stair 1, 2, 3, 4).



5.0 Description of the home

Measurements of Interior Stairs (continued)



Measurements	Stair I	Stair 2	Stair 3	Stair 4
A. Length				
B. Width				
C. Top Step to Opening				
D. Bottom Step to Opening				

Measurements Stair 1 Stair 2 Stair 3 Stair 4 A1. Bottom Length A2. Top Length B1. Bottom Width C. Top Step to Opening D. Bottom Step to Opening

5.3 Moving Around the House

A Photographs of Doors, Doorways, and Halls

Refer to the PHOTO GUIDE in the appendix for recommended location(s) and the required number of photographs needed to document problems related to moving around the house.

B Location of Doors, Doorways, and Halls

Directions:

- **Step I.** In Column I of the table below, **list** the specific doors and doorways that need to be changed soon or now and **indicate the floor** on which they are located.
- **Step 2.** In Column 2, **list** the specific hallways that need to be changed soon or now and **indicate the floor** on which they are located.

Column 1. Doors & Doorways

Name	Floor
1	
2	
3	
4	
5	

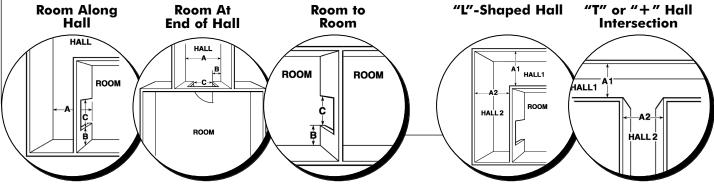
Column 2. Intersecting Halls

Name	Floor
1	
2	
3	
4	
5	

Measurements of Doors, Doorways, and Halls

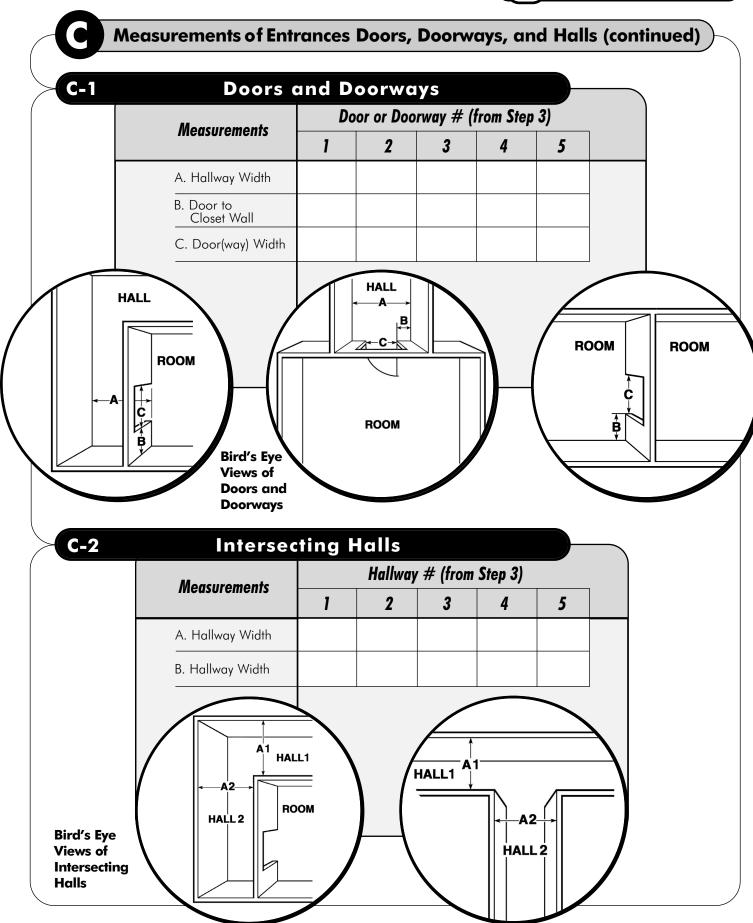
Directions:

- **Step I. Pick the diagram(s) below** that most closely match the door(s), doorway(s), and hall(s) that need to be changed soon or now.
- **Step 2. Go to the page** indicated for each diagram.
- **Step 3. Provide the measurements** indicated on the diagram.
- **Step 4. Record the measurements** for each door, doorway, or hall in the numbered column corresponding to the numbered row in Step 2, above.



Doors & Doorways (Go to Page 16)

Intersecting Halls (Go to Page 16)



5.4 Using the Bathroom

A Photographs of Bathrooms

Refer to the PHOTO GUIDE in the appendix for recommended location(s) and the required number of photographs needed to document the bathroom.

B Location of Bathrooms

Directions:

Step I. Check the box for the bathrooms/powder room (half bath) that need to be changed soon or now.

Step 2. Put an (x)in the circle indicate the location of the bathroom.

☐ BATHROOM I	☐ BATHROOM 2	☐ BATHROOM 3	☐ POWDER ROOM
Basement	Basement	Basement	Basement
1st Floor	1st Floor	O 1st Floor	O 1st Floor
2nd Floor	2nd Floor	2nd Floor	2nd Floor
3rd Floor	3rd Floor	3rd Floor	3rd Floor

Measurements of Bathrooms

Directions:

Step 1. Use the diagram below to provide the measurements indicated for each bathroom(s)

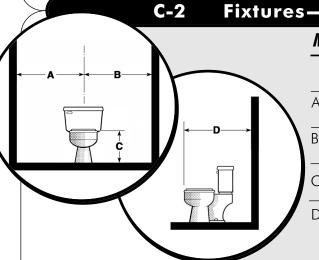
Step 2. Record the measurements for the length of the WALLS on the appropriate columns in the chart below.

Step 3. Record the measurements for each fixture in the charts on pages 18-19.

Step 4. Put an "X" through the drawing of any fixture on pages 18-19 that is not present in the room.

C-1 Walls **Powder** Birds eye view Measurements Bathroom 2 | Bathroom 3 Bathroom 1 Room of bathroom A. Door to Wall 2 WALL 3 B. Door Width C. Door to Wall 4 WALL 4 WALL 2 D. Wall 1 to Wall 3 E. Wall 2 to Wall 4 continue next page

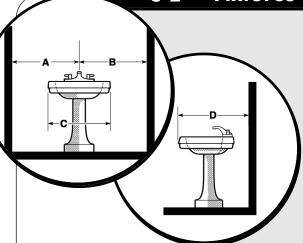
Measurements of Bathrooms (continued)



5	Ш	911	le.	

Measurements	Bathroom 1	Bathroom 2	Bathroom 3	Powder Room
Wall Number	#	#	#	#
A. Left Wall to Centerline				
B. Right Wall to Centerline				
C. Height of Toilet				
D. Wall Behind Toilet to Front of Toilet				

C-2 Fixtures—Pedestal Sink



Wall Number	#	#	#	#
A. Left Wall to Centerline				

Bathroom 1 | Bathroom 2 | Bathroom 3 | Powder Room

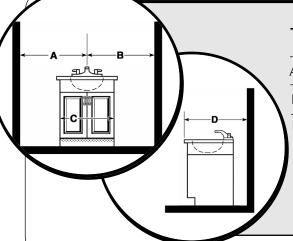
Measurements | Bathroom 1 | Bathroom 2 | Bathroom 3 | Powder Room

- B. Right Wall to Centerline
- C. Sink at Widest
- D. Wall Behind Sink to Front of Sink

C-2 Fixtures—Sinks With Base Cabinet

Measurements

Wall Number



- A. Left Wall to Centerline
- B. Right Wall to Centerline
- B1. If Two Sinks,

 Centerline of Sink 1 to

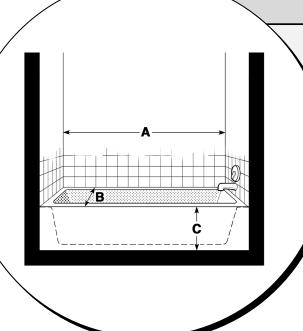
 Centerline of Sink 2
- C. Width of Base Cabinet
- D. Wall Behind Sink to Front of Sink

continue next page



Measurements of Bathrooms (continued)

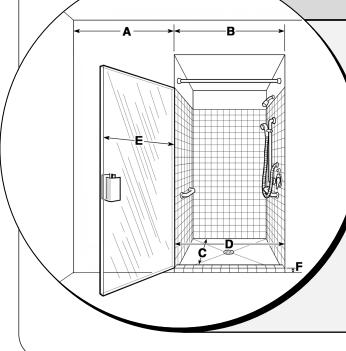
Fixtures—Bathtub or Bathtub With Shower



Measurements	Bathroom 1	Bathroom 2	Bathroom 3
Wall Number	#	#	#

- A. Length of the Bathtub
- B. Width of the Bathtub
- C. Height of the Bathtub

Fixtures-Shower **C-2**



Measurements	Bathroom 1	Bathroom 2	Bathroom 3
Wall Number	#	#	#
A. Left Wall to Outside Edge of Shower			

B. Right Wall to Outside Edge of Shower

- C. Width of Shower
- D. Length of Shower
- E. Width of Shower Door
- F. Height of Curb

5.5 Using the Bedroom

A Photographs of Bedrooms

Refer to the PHOTO GUIDE in the appendix for recommended location(s) and the required number of photographs needed to document the bedroom.

B Location of Bedrooms

Directions:

Step I. Check the box for the **bedroom** that need to be changed soon or now.

Step 2. Put an (x) in the circle to indicate the location of the bedroom.

☐ BEDROOM I (MASTER)	□ BEDROOM 2	□ BEDROOM 3
Basement	Basement	Basement
1st Floor	1st Floor	1st Floor
2nd Floor	2nd Floor	2nd Floor
3rd Floor	3rd Floor	3rd Floor

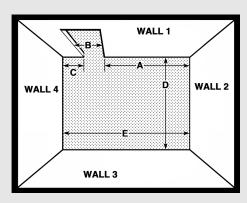
C Measurements of Bedrooms

Directions:

Step 1. Use the diagram below to provide the measurements indicated for each bedroom.

Step 2. Record the measurements in the appropriate chart.

C-1 Walls



Birds e	ye view	of be	droom
---------	---------	-------	-------

Measurements	Bedroom 1	Bedroom 2	Bedroom 3	Bedroom 4
A. Door to Wall 2				
B. Door Width				
C. Door to Wall 4				
D. Wall 1 to Wall 3				
E. Wall 2 to Wall 4				

Refer to the PHOTO GUIDE in the appendix for recommended location of the photographs needed to document the kitchen.	ion(s) and the required number of
Identifying Kitchen Problem Areas Directions: Step I. Put an (x) in the circle beside the fixture, appliance or call	
Sink Other Other Other Other Other Other Other Other Other	Upper Which Ones? Lower Which Ones? Drawers Which Ones? Pantry Other

5.7 Doing Laundry

A Photographs of the Laundry Area

Refer to the PHOTO GUIDE in the appendix for recommended location(s) and the required number of photographs needed to document the laundry area.

B Identifying Laundry Problem Areas

Directions:

Step I. Put an (x) in the circle beside the fixture, appliance or cabinet that needs to be changed soon or now.

FIXTURES	APPLIANCES	CABINETS
Sink Other	Washer Oryer Other	Upper Lower Drawers Shelves Closet Other

Measurements of the Laundry Area

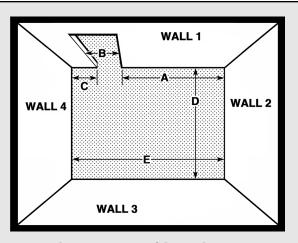
Directions:

Step I. Use the diagram below to provide the measurements indicated for the laundry area.

Step 2. Record the measurements in the column marked "length" in the chart.

C-1 Walls

Measurements	Length
A. Door to Wall 2	
B. Door Width	
C. Door to Wall 4	
D. Wall 1 to Wall 3	
E. Wall 2 to Wall 4	



Birds eye view of laundry area

5.8 Controlling Ambient Conditions and Using Communication Devices

A Photographs of Elements for Controlling Ambient Conditions and Communicating

Take a photograph of each specific device associated with problems in Section 3.8 that needs to be changed soon or now.

B Location of Elements

Directions:

- **Step I. Check the box** for the **building elements** that need to be changed soon or now. Fans, heaters or air conditioners installed in a window or wall of a room should be listed under **room unit**.
- **Step 2.** Indicate the **location** of each element that is checked by using the room designation given in sections 5.1-5.7 (e.g., Bathroom I) or if the element is in a space not covered in sections 5.1-5.7, write in the name of the space (e.g., Dining Room).

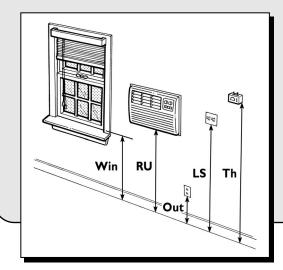
(
LOCATION:	LIGHT SWITCH	OUTLET	WINDOW	ROOM UNIT	THERMOSTAT
LOCATION 1:	O LS 1	Out 1	○ Win 1	O RU 1	• Th 1
LOCATION 2:	O LS 2	Out 2	○ Win 2	Q RU 2	• Th 2
LOCATION 3:	O LS 3	Out 3	○ Win 3	Q RU 3	O Th 3
LOCATION 4:	O LS 4	Out 4	○ Win 4	• RU 4	
LOCATION 5:	O LS 5	Out 5	○ Win 5	Q RU 5	
					,

Measurements of Devices

Directions:

- **Step I.** Use the diagram below to **provide the measurements** for each element checked in Section B above. **All measurements are to the bottom of the element**.
- **Step 2. Record the measurements** in the for each element.

C-1 Devices



Light Switch	Outlet	Window	Room Unit	Thermostat
LS 1	Out 1	Win 1	RU 1	Th 1
LS 2	Out 2	Win 2	RU 2	Th 2
LS 3	Out 3	Win 3	RU 3	Th 3
LS 4	Out 4	Win 4	RU 4	
LS 5	Out 5	Win 5	RU 5	

	notographs					
	the PHOTO GUIDE o document other ac		for recommer	nded location(s) a	nd the required n	umber of photograp
B Pi	oblem Are	as in Oth	er Area	s of the H	lome	
_ist/desc	ribe other areas of y	our home that r	eed to be cha	inged soon or no	w.	

There are **NO** measurements to be taken at this time.

6.0 RECOMMENDATIONS

Health Care	e Professional's Recommendations
n your professional opinic	on, what home modifications would you recommend and why?
s there any additional info	rmation needed in order to match the person with the solutions?
_	
B Health Care	e Services
	or others will be providing the client including functional mobility training, ordering rable medical equipment, and helping to get modifications implemented.