



FALLS PREVENTION

HOME AND COMMUNITY SAFETY

WESTMEAD HOME SAFETY ASSESSMENT SHORT FORM

NAME: _____ THERAPIST: _____

DATE OF VISIT: ____ / ____ / _____

TYPE OF RESIDENCE: _____ OWNERSHIP: _____

DIAGNOSIS: _____ AGE: _____

No. FALLS PAST YEAR: _____ FUNCTIONAL VISION: _____

MOBILITY: _____

FUNCTIONAL COGNITION: _____

HOME & COMMUNITY SUPPORTS/ASSISTANCE: _____

SUMMARY AND ACTION PLAN

EXTERNAL TRAFFICWAYS

GATES

- Hazards: Not relevant No hazard
- Slippery surface near gate
 - Uneven surfaces near gate
 - Deep steps near gate
 - Poor visibility at steps near gate

PATHWAYS / DRIVEWAYS

- Hazards: Not relevant No hazard
- Slippery surfaces
 - Uneven/loose surfaces
 - Steep gradient
 - Obstructions on pathways
 - Poor visibility

STEPS

- Hazards: Not relevant No hazard
- Slippery surfaces
 - Uneven surfaces
 - Steps too high/uneven heights
 - Deep tread
 - Obstacles
 - Poor visibility

RAMPS

- Hazards: Not relevant No hazard
- Irregular ground surfaces
 - Obstructions
 - Slippery surfaces
 - Unstable
 - Poor visibility

HAND RAILS – ACCESS (external steps and ramps)

	Not relevant	No hazard		Not present	Inadequate position	Inadequate length	Not sure	Poor condition
Steps								
Ramps								

ICE / SNOW ON WALKWAYS

- Hazards: Not relevant No hazard
- Slippery
 - Difficulty to see / manoeuvre
 - Footwear inadequate grip

LAWNS / GARDENS / GROUNDS

- Hazards: Not relevant No hazard
- Irregular ground surfaces
 - Obstacles
 - Slippery surfaces

DOORMAT

- Hazards: Not relevant No hazard
- Curled edges
 - Worn areas
 - Slippery

DOOR OPENING

- Hazards: Not relevant No hazard
- No landing for outward opening doors

NIGHTLIGHTING

- Hazards: Not relevant No hazard
- Not present
 - Steps/pathways not illuminated
 - Does not eliminate dark, shadowy areas

GENERAL INDOORS

LIGHTING

- Hazards: Not relevant No hazard
- Time observed:
- A.M
 - P.M

	OT Observation	Client Self-report
Dark / dim		

TIDINESS / CLEANLINESS

- Hazards: Not relevant No hazard
- Clutter
 - Spills on floor

REACHING FOR HIGH PLACES

- Hazards: Not relevant No hazard
- Unsafe when reaching
 - Inaccessible storage of used items
 - Unsafe when climbing
 - Unstable furniture / equipment used

MOBILITY AID

- Hazards: Not relevant No hazard
- Aid not appropriate
 - Poor condition

INTERNAL TRAFFICWAYS

FLOORS & FLOOR COVERINGS

- Hazards: Not relevant No hazard
- Slipperiness
 - Slippery when wet
 - Worn/loose areas or edges

FLOOR MATS

- Hazards: Not relevant No hazard
- Small & lightweight
 - Slippery
 - Curled edges

SPACE

- Hazards: Not relevant No hazard
- Obstacles in trafficways (furnishings)
 - Obstacles in trafficways (objects)
 - Cords across trafficways
 - Unstable objects used for support
 - Objects reducing space for mobility & manoeuvrability
 - Proximity of walking aid when not in use

DOORWAYS

- Hazards: Not relevant No hazard
- Access

STAIRS / ELEVATORS

APPROACH / DISEMBARKATION

- Hazards: Not relevant No hazard
- Access
 - Obstacles

STEPS / STAIRS

- Hazards: Not relevant No hazard
- Slippery/loose surfaces
 - Uneven coverings
 - Deep tread
 - Steps too high/uneven heights
 - Step overhang

HANDRAILS – INTERNAL STEPS / STAIRS

	Not relevant	No hazard	Not present	Inadequate position	Not secure	Poor condition
Steps						

LIVING AREA

FURNITURE

- Hazards: Not relevant No hazard
- Unstable

LAMPS

- Hazards: Not relevant No hazard
- Access

SEATING

- Not relevant No hazard

Indicate relevant area (e.g. lounge, kitchen, etc.)

	Too low	Too soft	Unstable	Poor access
1				
2				
3				

BEDROOM

BED

- Hazards: Not relevant No hazard
- Too low
 - Too high
 - Unstable
 - Poor access
 - Difficulty transferring
 - Unstable furniture used for transferring

WARDROBES / CUPBOARDS

- Hazards: Not relevant No hazard
- Poor access
 - Difficulty reaching daily clothing

CURTAINS / BED COVERS

- Hazards: Not relevant No hazard
- Trailing in trafficways

BED LIGHTING

- Hazards: Not relevant No hazard
- Not present
 - Poor access

BEDSIDE PHONE

- Hazards: Not relevant No hazard
- Poor access

COMMODE

- Hazards: Not relevant No hazard
- Poor access
 - Inadequate height

FOOTWEAR

- Not relevant No hazard

(E.g. Indoor / outdoor, special occasions, slippers, etc.)

	Improper fit	Open / worn down heel	Slippery heel / sole	High heel	Narrow heel	Stocking feet
1						
2						
3						

PETS

- Hazards: Not relevant No hazard
- Small
 - Playful / boisterous
 - Other: _____

BATHROOM

LOCATION

- Hazards: *Not relevant* *No hazard*
 Poor proximity
 Hazardous trafficways en route

FLOOR SURFACE

- Hazards: *Not relevant* *No hazard*
 Slippery when wet
 Slippery when dry
 Slippery mats or curled edges
 Worn floor covering
 Raised or loose tiles

SHOWER RECESS

- Hazards: *Not relevant* *No hazard*
 Narrow doorway
 High hob / sill
 Slippery floor in recess
 Slippery shower mat
 Uneven floor surface
 Difficulty reaching toiletries
 Difficulty reaching taps
 Unstable shower chair or stool

BATH / OVERHEAD SHOWER

- Hazards: *Not relevant* *No hazard*
 Unstable bathseat
 Poor access
 Slippery bath
 Slippery bath mat
 Difficulty reaching taps
 Difficulty turning water heater on / off

TOILET AREA

LOCATION

- Hazards: *Not relevant* *No hazard*
 Poor proximity
 Hazardous trafficways en route
 Inadequate night lighting

FLOOR COVERINGS

- Hazards: *Not relevant* *No hazard*
 Slippery when wet
 Slippery when dry
 Slippery mats or curled edges
 Worn floor covering
 Uneven floor surface

TOILET

- Hazards: *Not relevant* *No hazard*
 Poor access
 Too low
 Too high
 Difficulty reaching toilet roll
 Difficulty reaching flush

GRABRAILS – BATHROOM / TOILET

	Not relevant	No hazard	Not present	Inadequate position	Inadequate angle	Inadequate length	Not secure	Poor condition
Bath / Shower								
Toilet								

KITCHEN

KITCHEN EQUIPMENT

- Hazards: *Not relevant* *No hazard*
 Poor access to commonly used items

MEDICATION MANAGEMENT

- Hazards: *Not relevant* *No hazard*
 Access to medications
 Difficulty to open / close containers

SAFETY CALL SYSTEM

- Hazards: *Not relevant* *No hazard*
 No alarm system / plan of action